## The Protection of Human Subjects in Research

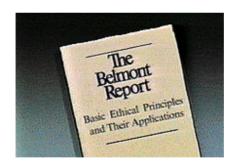
CARRA Peer Review Training 2005

## History of Abuses

- Nuremburg Code (1947)
- Declaration of Helsinki (1964)
- Willowbrook (1960's)
- Jewish Chronic Disease Hospital (1960's)
- Tuskegee Syphilis Study US
  Public Health Service (1932-1972)

## The Belmont Report

# Ethical Principles and Guidelines for the Protection of Human Subjects of Research



The National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research April 18, 1979

## The Belmont Report

#### **Three Basic Ethical Principles:**

- Respect for Persons
  - Individual autonomy
  - Protection of individuals with reduced autonomy
- Beneficence
  - Maximize benefits and minimize harms
- Justice
  - Equitable distribution of research costs and benefits

## Human Subjects in Research

- A human subject is a living individual about whom an investigator conducting research obtains
  - data through intervention or interaction with the individual, or
  - identifiable private information

#### Basic Protections for Human Subjects

- Institutional Assurance
- Institutional Review Board (IRB)
  Review
- Informed Consent

#### Institutional Assurance

Each institution "engaged" in human subject research conducted or supported by HHS must obtain an assurance of compliance approved by the Office for Human Research Protections.

#### Institutional Review Board (IRB)

A committee charged with the review of human subject research to assure that the subjects' rights and welfare are adequately protected.

### **Informed Consent**

Informed consent is not a single event or just a form to be signed - rather, it is an educational process that takes place between the investigator and the prospective subject